



KICK STEP

Alternative names: elephant foot, kick stool, step stool

Category Ladders

Relates to instruction video no.

C5, C6



A kick step is a type of stool with wheels that lock automatically when you step up onto the stool. A kick step can be used to reach and handle products on high shelves while maintaining a good working position. A kick step can also be used to sit on when stocking and organising products on low shelves.

Benefits

- A kick step provides a stable platform for standing on and it is easy to move
- A kick step allows you to handle products at a better working height and you avoid high lifting and awkward reaching above shoulder height
- Sitting on a kick step allows you to avoid prolonged work in a kneeling or squatting position
- Comes in different heights and materials

Requirements for use

- The kick step should have the correct height relative to the task and the people who are to use it
- The floor should be even and stable
- Should only be used when handling light and easy-to-handle products
- Work while standing on a kick step should be short term

Considerations prior to procurement

- What do we need a kick step for?
- How high should the kick step be to suit the tasks and people who will be using it?

After procurement

- Inspect for deficiencies/defects before use
- Should be maintained as described in the instructions for use
- Employees should be instructed in how and for what tasks the kick step should be used
- Make sure the instructions are followed