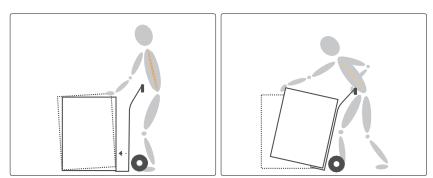


When you are to move a heavy product such as a stove, furniture or TV from the stockroom to the shop area, or to a customer's car, it's important that you avoid carrying the product over large distances. Use wheeled transport aids instead.



Tilt and then push and pull heavy products into position instead of lifting them.



Position the sack trolley next to the long side of the box.



Tilt the box and then push the ledge of the sack trolley under it.



Block with your foot and pull the box into place - tilt the sack trolley to balance the load and you're ready to move the box.

## **MECHANICAL AIDS**

For advice on procurement and use go to www.hvordandubedst.dk



Sack trolley

## REMEMBER TO

- Use mechanical aids to move products whenever possible
- Tilt, push and pull heavy products into position instead of lifting them
- Avoid carrying heavy loads as far as possible

