



SINGLE LADDER

Alternative names:

Category Ladders



A single ladder is a practical tool for reaching and working at height if the work is only of short duration, for example when hanging up signs, stocking and organising products on high shelves, or when taking products from stockroom shelves.

Benefits

- A single ladder is easy to move from place to place
- A single ladder can easily be used to reach different heights

Requirements for use

- Only use ladders for tasks of short duration. A rule of thumb is to not work from a ladder for more than 30 minutes at a time
- Only handle light and easy-to-handle products that can be carried in one hand when working on ladders
- Ladders should be placed on a stable and non-slip surface and should be set at an approx. 75° slope
- People who work from ladders should wear well-fitting, flexible footwear

Considerations prior to procurement

- What do we need a ladder for?
- Is it safe to use a ladder, or would it be better and safer to use another platform or lift for the tasks in question?
- Where do we need to use the ladder and how long should it be? The normal allowed height from the surface to the rung on which the person stands is five meters
- What are our requirements for the design of the single ladder, for example with regard to height, rungs, materials, weight, stability, handles, etc.?
- Check that the ladder you want is labelled with a load chart and is approved under the EN 131 or DS/INSTA 650 standards

After procurement

- Inspect for deficiencies/defects before use
- Should be maintained as described in the instructions for use
- Employees should be instructed in how and for what tasks the single ladder should be used
- Make sure the instructions are followed